



"Exclusively on expatriate students."



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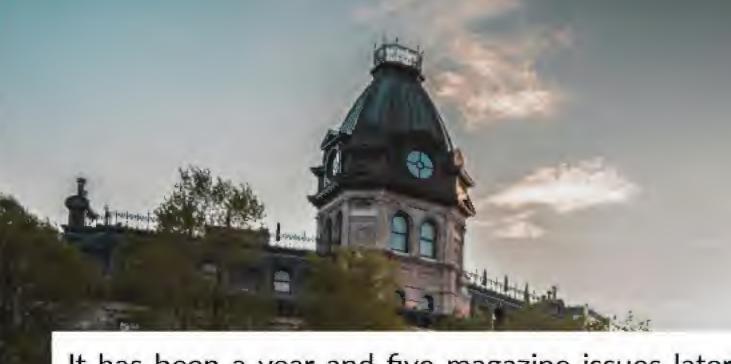
Bares his soul through music.

KEEPING IT REAL IN:

MONTREAL

THE STUDENT CITY





It has been a year and five magazine issues later when we finally decided to take your readers out of the European, or rather a Dutch Student Cities. In this edition, we head on over to the number one student city in the world located in Canada.

Situated in the Southern region of Canadian Province of Quebéc, lies the beautiful city of Montréal, also called Ville de Montréal in French. The city is named after the Mount Royal, a peaked hill located in the heart of the city. Montréal is the largest city in eastern Canada and, after Paris, the second largest French-speaking city in the world. In 2016, the city had a population of 4,127,000, which more than 155,252 are full-time university students in the greater Montreal area and over 30,000 students come to Montréal from outside Canada.

In Montreal, there are four universities and seven alternative degree awarding institutions. The most known English university in Montreal is Canada's leading higher education institution, the McGill University which has been ranked as Canada's top university for over fourteen consecutive years and is ranked as the 24th best university in the world! The second well-known French university in Montreal is the Université de Montréal, the second largest research university in Canada. The school is divided into two institutions – School of Engineering and School of Business, with the latter being one of the best business schools in Canada.

But, the lingering question remains as to why, as a student, you should move to Montreal. Well, the question should be 'Why not?' Why wouldn't you want to live in the number one best student city in the world? Notably, Monreal has also been named one of happiest cities. Besides education and top-ranked happiest city, there are three more reasons why you should consider the possibility to move to Montreal Canada.





Montreal is internationally known as the city of festivals, according to mtl.org, Monreal has annually more than 120 festivals and parades – no wonder why this city is so well-cultured. Furthermore, Montreal has something for everyone, a Chinatown, Little Italy and even a Little Portugal; these are only a few of the cultural and ethnic locations that Montreal has to offer. There are also large groups of Arabs, Latinos, Caribbean, Indian and Pakistani that live in Montreal, here you definitely have the opportunity to taste new cuisines!

Transportation;

For the half of the year that the weather is 'nice' in Canada, downtown of Montreal is a wonderful area to walk around. If you don't feel like walking you can look for a BIXI, Montreal's bike sharing system. Can't ride a bike? The city has a wonderful and inexpensive public transport system – STM, which also offers discounts for students who want to use their fast, clean and safe buses and subways. Yay, discount!

Cost of Living;

Lastly, compared to other cities in Canada, or international cities like London, Paris or Tokyo, Montreal is relatively cheaper to live in. Where you can get a slice of pizza for less than \$2 CAD and Monreal's world-famous dish of Poutine for less than \$4 CAD. And renting? Renting an apartment there can also be affordable, depending on which city you live in. But, considering that the city has so many students that live there, a popular way to live while saving on rent is to share an apartment with one or more fellow students. This is also a fantastic way to make new friends and learn about other cultures. Hello, intercultural living!

Considering these amazing point's I've discovered and summarized for you...Are you ready to pack your bags and head on over to Montreal? Who knows, maybe you will be sharing your story with us soon. If so, don't be afraid to contact us for an interview!



As a new school year is about to start or has just started for you, take this quiz to find out what kind of student you will be this school year. Find out if you are the group leader, the always broke student, the emotional student or the creative one by answering the following questions. You will need to keep track of your answers so make sure to write them down!

HOW WOULD YOU TELL A CLASSMATE THEY'VE MADE A MISTAKE?

- A. You wouldn't
- B. Telling them all that they have done right before pointing out the mistake
- C. Buy them candy and tell them while they are eating it
- D. By being direct and telling them they've made a mistake and how they can fix it.

AS A TEAM LEADER....

- A. I listen to everyone's ideas
- B. I try to delegate my tasks as much as possible
- C. I would be stressed
- D. I work hard to set an example for my team

ONCE I'VE REACHED MY GOAL...

- A. I take time off for self-care
- B. I draw a mind map of what's next
- C. I go out to celebrate
- D. I set my next goal

WHEN THINGS AREN'T GOING MY WAY...

- A. I make sure to express my emotions
- B. I express my emotions in music/poetry/design
- C. I buy myself things to help me feel better
- D. I evaluate what I can adjust to get back on track!

A PERFECT DAY SHOULD INCLUDE...

- A. Self-care
- B. Art
- C. Shopping
- D. I clear plan



Mostly A answers you're an emotional student

Mostly B answers you're a creative student Mostly C answers you're the always broke student Mostly D answers you're the group leader type





IT'S ALL ABOUT...

SPREADING #UAVIBES

WATCH OUT! ITS CONTAGIOUS.

he energy and enthusiasm of our academic community are vibrant like the sun. Our passion is contagious and our willingness to help you define your future through our programs is like the ocean that surrounds the Island. Furthermore, the ability for you to network and establish relationships once you are a student of the University of Aruba is the colorful splash of the #UAVIBE that you take with you everywhere you go.



Taking a decision on where to study is not an easy assignment. This assignment becomes even more difficult when considering that it may be the most important decision that will define your academic success and future career. At the University of Aruba, we understand the importance of this decision. That is why we want to be as good as an option could be. Consequently, we are continuously preparing our teaching and administrative staff. We are also continuously improving our physical and technical infrastructure to enhance the quality of our programs.

Moreover, we are also eagerly exploring opportunities to expand the number of study programs to diversify and offer you

good alternative within the realm of study programs and Universities. This we do in good collaboration with our international partners, the Erasmus + charter, and the Dutch-Flemish Accreditation Organization. So, if you are from Aruba and you are about to graduate we want you to know that we have what it takes for you to excel. If you are not from Aruba but you are considering to do an exchange, know that we will exceed your expectations. After all, we don't only live in paradise we also know how to infuse you with the VIBES so you can visualize, believe, and succeed.

You see at the UA we believe that success is attainable in a partnership between represen-

tatives of the institution be it lecturers, professors, and the student themselves. Together we work for you to achieve the goals that you have visualized. After you have visualized and defined what you want, we encourage you through our personal contact and commitment to believe you can achieve what you put your mind to. These principles, our dedicated staff divided over our 4 faculties and more than 8 programs will enable you to accomplish your goals and succeed on your own merit.

Still doubting that this is the academic energy that you need to succeed, email us or send us a Facebook message at osa@ua.aw. We are here to share the good vibes.

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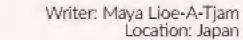


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IN JAPAN, LINING THE DREAM.

Laura Lioe-A-Tjam, 22, an anime fanatic for as long as she can remember, finally had the chance to go to Japan. She is studying Game Design and Development and minored in the Japanese language at Kwansei Gakuin University, Kangaku, in Nishinomiya, Japan. Laura explains how her experience while living temporarily in Japan, was like and shares some useful tips to prepare you for your future Japanese trip!

WHY JAPAN?

She knew that one day, she would go to Japan, but never expected it to be this soon. Since elementary school, she enjoyed watching anime, e.g. Pokemon and Naruto. As she got older and watched various types of animes, she also became more interested in the origin of it. She immediately knew, after viewing videos and pictures online, that Japan was one of the destinations she had to visit.

When the opportunity arose to go to Japan to do her minor, she took the chance. Due to some restrictions, it was only possible for two people to go to Japan per semester. In the application process, a motivational letter had to be included. As she applied and handed in the letter, she patiently waited on the day of the outcome. In the end, she was one of the participants that were chosen. And from there on, she excitedly mentally prepared herself for her next milestone.

"IT'S RARE FOR A GIRL FROM A SMALL ISLAND TO GO TO CERTAIN PLACES, LIKE JAPAN."

EXPECTATIONS

She tried to not go with high expectations, fearing it might not meet it. However, Japan did and made her stay more than pleasant. Especially when she witnessed that the buildings, houses, streets, and even school uniforms from her surroundings are similar to the ones seen in animes. During her stay, it was as if she was in an anime; every time she left her accommodation, she would still be amazed by the scenery.

"THE ENVIRONMENT THAT YOU SEE IN A SLICE-OF-LIFE OR A SHOUJO ANIME, YOU CAN EXPECT THE SAME IN JAPAN: THE SURROUNDINGS IN REAL LIFE ARE THE SAME."

CULTURE SHOCK

Coming from an island with different values and norms, Japan really opened her eyes to a new form of society:

- Stepping in the train in NL tends to be hectic; people would stand beside you, waiting till the doors open. Then, push you aside just to get a spot. In Japan, it's more structured; they stand in queues before entering the train. On the ground, they have painted lines indicating where the queue starts. This makes it easy to leave and get on the train.
- Japanese people don't usually shake hands. Laura had the awkward experi-

ence by kindly sticking out her hand to meet a person and the individual just stared. Eventually, he did shake her hand. She thought the reason why he did, was because she was foreign. Otherwise, he probably wouldn't have.

 Japanese people do not eat on the streets – Laura has only seen foreigners do it. Yet, a local has told her that it was considered rude.

LAURA TIPS.

- It's more convenient to walk around with cash. Because, considering in a foreign situation, to be able to make payments in stores with a debit or credit card would not be possible. Laura explained that stores in Japan do not take foreign bank cards, but only locally. So she suggests that you should take out money from an ATM. Also, in old towns, they do not possess swipe machines.
- You should know the basics of the Japanse language.
 It is rare if they speak fluent English. So, you should walk around with a small translation book or download a language app to get you by your day.
- Taxis in Japan are very expensive. But if you still decide to go with a taxi, preferably travel with a group, to split the costs. Also, before entering the car, do not touch the door handle because the driver would be irritated. Certain car doors in Japan are automated; they open and close automatically.

LAURA RECOMMENDS

For those who wish to experience or learn from a new culture, Laura would highly recommend Japan. Because she grew up on Aruba, and although she still loves the island, she became somewhat tired of it and wanted to experience something different.

Additionally, before moving to the Netherlands, she had already been exposed to the culture and the environment when she was younger. So, moving to the country where she would pursue her bachelor's degree was not really a surprise for her, until she arrived in Asia. For her, it was a shock how the people are very environmental-friendly, how automated certain objects are, and to be able to see how the future for humanity could look like, e.g. the toilets that clean your bum by sprinkling water.

So, in short, you do not have to be an anime fanatic to travel to Japan. You can also be very interested in new technology, a change of scenery or wish to experience a different culture that you have only seen, occasionally, on the media. Japan has a way of attracting people and, if you are in the country, it will give you every day a new adventure – guaranteed! Every individual will face different incidents, but after visiting you will plan your next trip to go back.

LET'SCOOK!

FOLLOWING, COOKIT BY EAR.

THE LATEST PROJECT OF ARWIN FINGAL.

his summer, Arwin Fingal decided to take a leap of faith to leave his current study to switch things up with some spices and herbs. Arwin has been living in the Netherlands for the past three years, moving from Groningen to Rotterdam to continue with his study, Electro Engineering at the Rotterdam University of Applied Science. However, during his free time, Arwin discovered a passion which he thought he could make it a living. Starting with his own Instagram account 'Cook it by Ear', where he shares his recipes with a story and making it fun, easy and interactive for his followers.





The 22-year-old student is leaving the engineering studies behind to focus on his newly discovered passion. This past summer, he is moving back to Aruba and following Culinary Arts online at Johnson and Wales University. From a young age, Arwin was helping in the kitchen; his grandma and his parents always thought it was important that he learns how to cook, seeing that they always wanted him to continue his studies abroad. Thus, making Arwin an independent guy in the kitchen.

This year, Arwin, together with his roommate, who happened to be a photographer and is studying video-editing at Erasmus, decided to start something new. His roommate proposed to start an Instagram account where they can share plates and recipes. On March 30th, the first post was posted on 'Cook it by Ear', with an introduction of what the Instagram account will be about.

What makes this account interesting is that they gather recipes from all over the world and add a unique story, making it an experience and a journey for all those who follow them on their Instagram account. "The first recipe we shared on our Instagram was my famous 'chili con carne,' a plate I used to make a lot for my friends when I was living in Groningen."

Currently, they are working hard to keep the Instagram page going; making sure to share at least once a week a new recipe. Their goal is to expand their page and the way they present their dishes. Hopefully, in the near future, we will catch some one-minute videos where you will be able to learn how to make some new and exciting dishes.

Cooking is something he does with love and is something he wished more people can fall in love with. However, the honest truth is, not everyone is made for the kitchen.

That's why Arwin shared his top 5 tips for any student who wants to become a better chef in the kitchen:

- 1. Leave the salt for last!
- 2. Don't overcook it!
- 3. Invest in a good knife.
- 4. Explore, don't be afraid to try to make new dishes.
- Know your Spices Oregano is to be paired with chicken, Thyme with meat and Dill with fish.



>INGREDIENTS:

500g Lean minced beef

400g chopped tomatoes

350g Spaghetti

1 Cup basil

3 Garlic clove, peeled and crushed

1 Onion, peeled and chopped

1 Tbsp olive oil

1 Tbsp Tomato ketchup or purée

200ml beef stock cubes

Salt and Ground black pepper Freshly grated Parmesan

(Optional):

2 Tbsp Worcestershire sauce

2 Stalks Celery

1/2 Cup red wine(cabernet sauvignon)

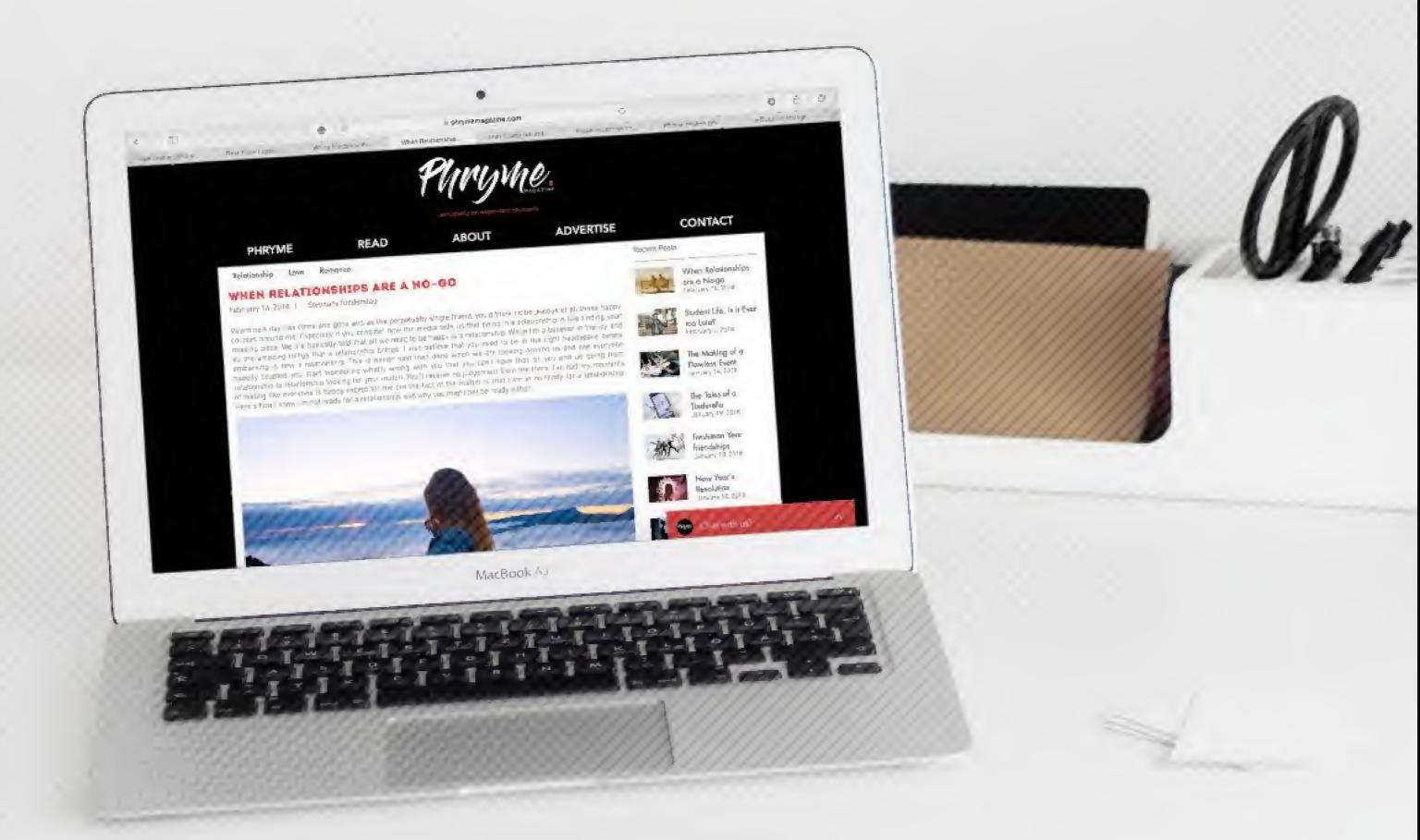
1 Cup carrot, sliced

>> PASTA BOLOGNESE

>DIRECTION:

- Blend the basil with the garlic and celery (optional). Put the mix together with the minced beef and season with salt, pepper and half of the Worcestershire sauce (optional). Put the onion, carrot (optional) and oil in a large pan and fry over a fairly high heat for 3-4 minutes. Add the minced beef and fry until they both brown.
- Stir in the tomatoes, beef stock, tomato ketchup or purée, rest of the Worcestershire sauce (optional) and red wine (optional). Bring to the boil, then reduce the heat, cover and simmer, stirring occasionally, for 30 minutes.
- Meanwhile, cook the spaghetti in a large pan of boiling, salted water, according to packet instructions. Drain well, run hot water through it, put it back in the pan and add a dash of olive oil, if you like, then stir in the meat sauce. Serve in hot bowls and Parmesan cheese to sprinkle on top.







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From Miss Aruba Pageant to Psychology student ALL SHA B O E K H O U D T

Alysha, a familiar face in Aruba's community, now a Psychology student at Coastal Carolina University. Alysha is a well-known model, Aruba's youth carnival queen and once Aruba's Miss universe representative in Las Vegas. In this Q+A we will have the opportunity to get to know about Alysha's student life since she moved to South Carolina, how the Miss Universe pageant has helped Alysha grow as a person and how she is planning to take on the world in pursuit of her degree.

PAGEANT LIFE.

After participating in the Miss Universe pageant, Alysha realized that she was part of a huge platform where she had the power to influence a lot of people. The year-long pageant experience taught Alysha that, as an individual, she could do a lot to guide and set good examples for generations to come.

Before Alysha went to Miss Universe she knew that there was a stigma associated with the pageant life. Therefore, when she committed to the pageant, she promised herself that she wouldn't let any outside influence change the person that she is.

Her goal was that, throughout the whole pageant, she would do what makes her happy, enjoy the process, and stay true to herself. However, this was a super hard promise to keep.

"When you're representing the island that you love at a huge pageant like Miss Universe, you are definitely going to feel a lot of pressure."

Many times during Alysha's year-long experience, she had to face with a lot of negativity written by other people on social media which have led to a lot of self-doubts and the feeling that she wasn't good enough. At the end of the journey, she came to the realization that you can never please everyone, and that your only goal in life should be to be happy so you can inspire others to be happy and be themselves. Ever since this Miss Aruba Universe experience, Alysha has been applying this rule to her daily life; the most important person to make happy is yourself.

MAKING HERSELF HAPPY.

Alysha describes herself to be a very calm, collective and positive person. Alysha is confident that having these attributes will help her be a successful Psychologist one day. Alysha loves to see the positive side in people and, therefore, she can easily forgive and understand circumstances, "Before I started studying psychology, I was someone who tends to judge others easily by the by the way they were lead-





ing their life. But since I started studying psychology I have a better understanding of why people do the things they do. This increased my ability to get along and understand every individual and their life choices."

Alysha believes that traveling and getting international experience will allow her to understand people's cultures and the way people think. In the future, all this experience will help her execute her job efficiently. Alysha is planning to travel the world in pursuit of her career,

"Aruba will always be home. But, for now, I want to gain as much experience as possible and become the greatest version of myself."

Alysha is the symbol of "dream big". After graduating with her bachelor's degree in Psychology, she will continue with her master's degree and later on with a doctorate degree. Alysha is in the process of applying for different

graduate schools around the world including Florida, New York, United Kingdom, Netherlands, Sweden, Switzerland, and Portugal.

After completing her Ph.D. in Forensic Psychology, she also wants to get a degree in industrial and Organizational Psychology. The ultimate goal for Alysha is to work as a consultant for law enforcement agencies such as the FBI or correctional facilities helping inmates deal with stress and treating mental health issues.

ROAD TO SUCCESS.

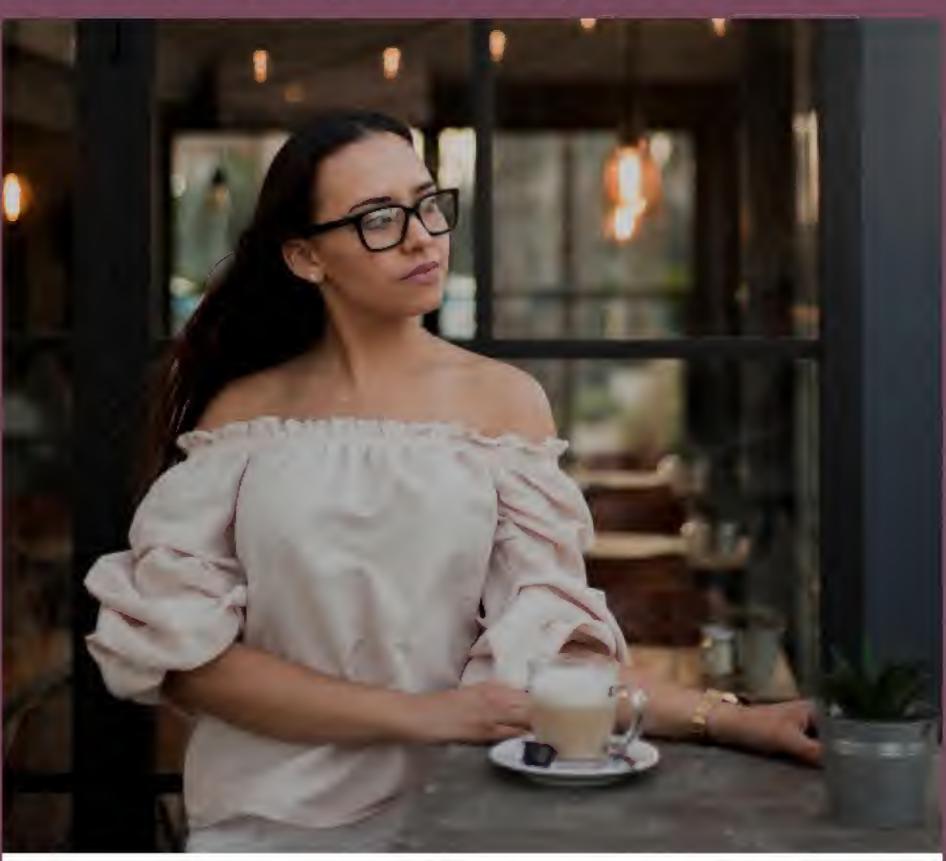
Recently, Alysha was invited to join the Psi Chi Honor Society of Psychology, an international honor society that was founded in 1929, which focuses on advancing the science of psychology. After meeting up with the Psi Chi board, Alysha was offered the secretary position of the Psi Chi Chapter at Coastal Carolina University. This is something that Alysha is very proud and grateful for this opportunity which for sure will help her in the future.

Recently, Alysha had the opportunity

to join the Summer Treatment Program at FIU. This was an intense two-and-a-half-month internship program which is designed to work with ADHD kids between the ages of four to nine. One of the most valuable things that Alysha learned throughout this experience is that people are who they are as individuals for a reason,

"We are shaped by our experiences, upbringing, and culture. Many times, we like to label people, especially kids, by the way, they behave without knowing the reasons for their behavior."

The greatest getaway Alysha got from this internship is that these kids' behavior is completely out of their control. Behavioral and mental illness is still a huge taboo in Aruba. It's about time that, as a community, we stop ignoring these problems and work towards a proper system to guide and assists individuals with mental illnesses and behavioral problems. Alysha hopes that one day she can share her experiences and expertise to help and educate the Aruban community on the importance of mental health.

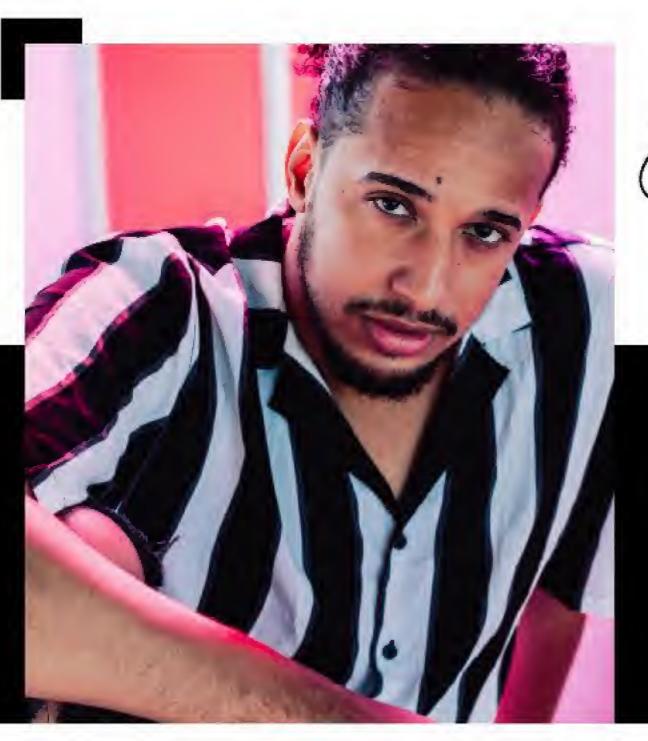




ORWIN GOMEZ

SINCE THE AGE OF

PG. 25



"Your chances in " Europe are bigger.

t's not often that young students, especially from Aruba, leave the island to pursue a degree in art. Oftentimes, the society judge, or belittle, those that are more practical, or have talents that go unnoticed. This didn't stop Orwin. This young man made the decision to move to the Netherlands, after facing educational obstacles in EPI, and decided to pursue his passion and his dreams. Read on to find out what Orwin thinks the community of Aruba should focus more on, appreciate more and his ultimate goal in life.

Orwin started dancing at the age of four, but his dedication to the art really began when he turned fourteen. He attended Step by Step Dance Academy in Aruba and was taught by dancing teacher Sonja Geevers. Meanwhile, he was studying at EPI but didn't finish his studies, since there was some confusion with his grades, resulting in the school wanting to send him back to the first year.

In 2016, Orwin decided to move to the Netherlands to pursue a dancing career. He initially attended 'Rijnijssel' for two years, then continued with his studies at Lucia 'Marthas Institute for Performing Arts' on an applied sciences level. Then, a friend invited him to teach Zoomba, which is what he later became famous for in several cities across the country.

Orwin doesn't want to return to Aruba anytime soon. Instead, he wants to be more prepared so that he can be a better dancer. Ultimately, the young man would like to return to Aruba with big plans to expand more in his dancing career,

"Europe provides more opportunities than Aruba. Here, you are much better paid as a dancer. You have different activities from which you can earn an income, like musicals and modeling work. You also get to travel all over the continent. Basically, your chances here in Europe are bigger but that also means you have to be lucky and thus work harder to get such opportunities."

Orwin explains that lately, he has not been very active as a dancer. He hasn't attended any dance related activities or hasn't given any dance classes since he has been very busy with school. However, this doesn't mean that he has stopped. He doesn't want to brag about this but at his school in Groningen, he is one of the

best dancers. He explains that dancing is what he truly loves, is dedicated and passionate about and is working very hard for it. His ultimate goal in life is to either do musicals or to work on a cruise ship for six months. This would be a great opportunity for him to grow and travel.

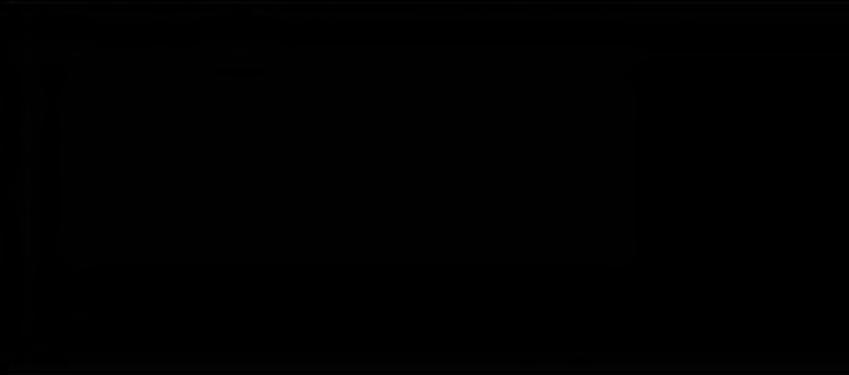
Everything he does, he does with passion – it doesn't matter whether he likes it or not. Orwin can be working on something he doesn't even like, but he will turn this into a positive situation and give it his everything. He would change all the negatives to positives,

"At the end of the day, you have to like what you do."

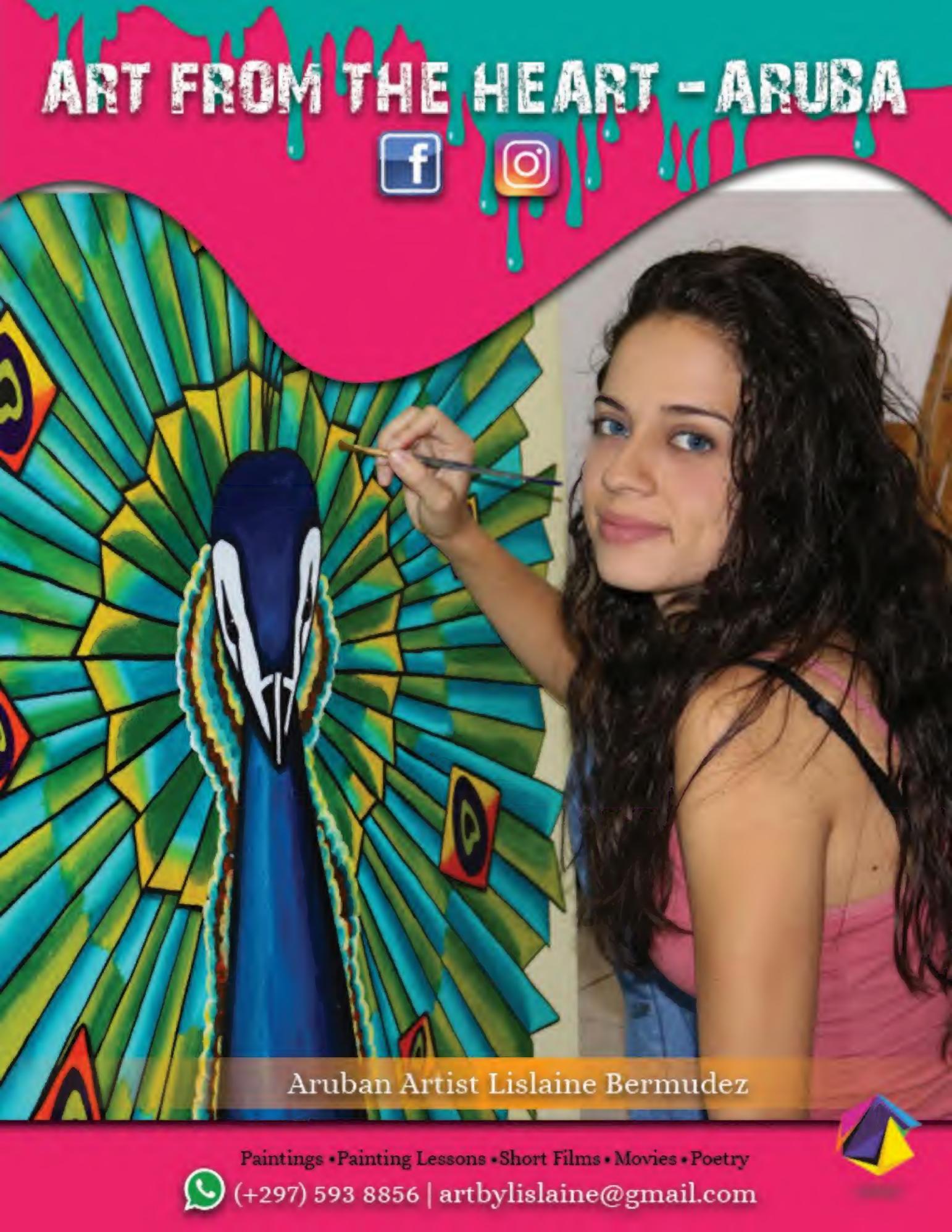
"Don't let age stop you – I've moved to the Netherlands at a much older age in comparison to other Aruban students, but that didn't stop me. My advice would be to stay humble and to reach for the stars. Accept every challenge that comes along; if one door closes, another one opens."

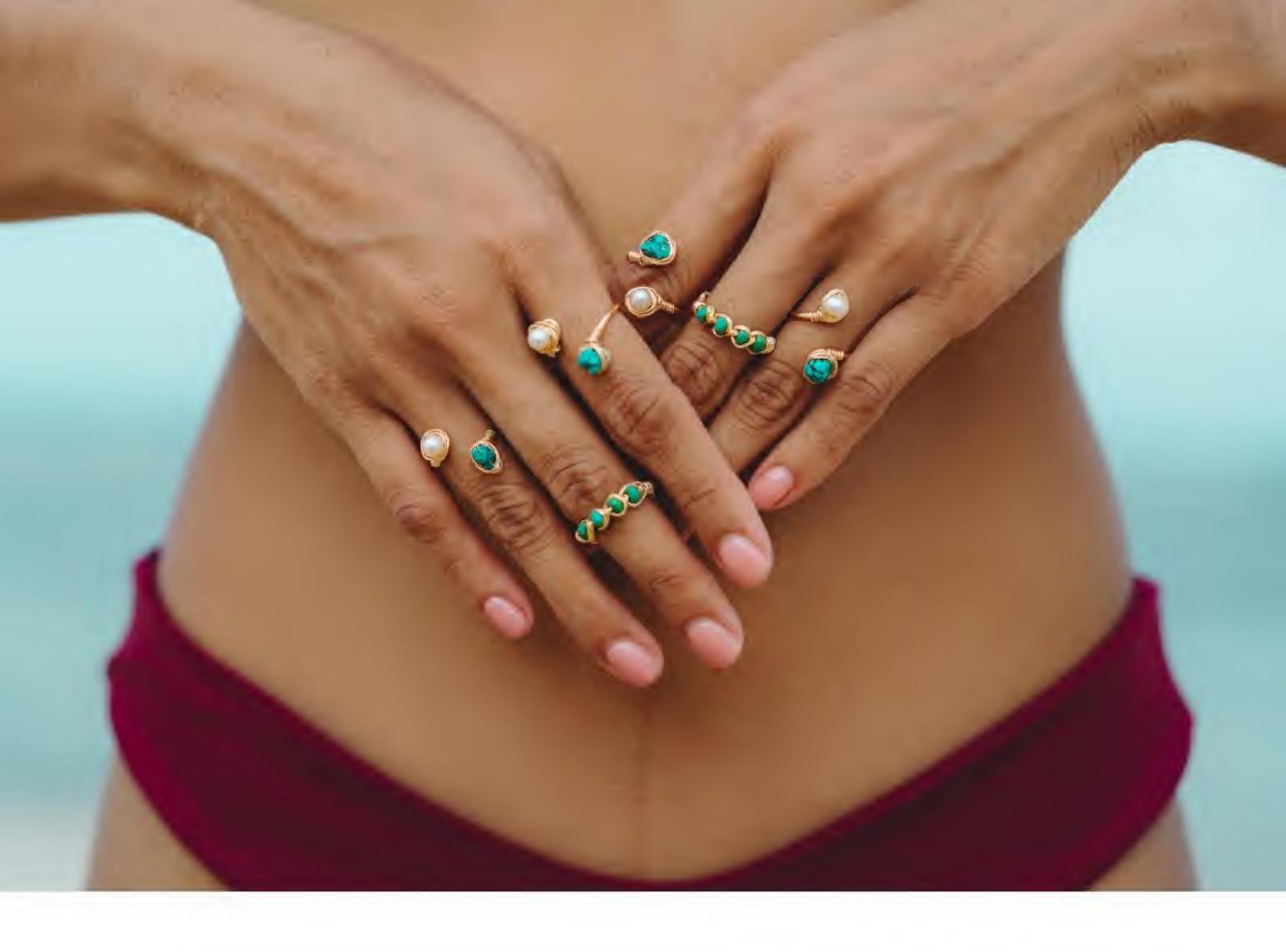
Finally, Orwin believes that Aruba should sponsor more people within the artistic community, especially those that do not have much financial support. He also thinks that it is time for Aruba to change its mentality and to stop sponsoring those that already have money. Instead, he would like the island to shift its focus to those that have talent. In his own words, "They need to start appreciating those that leave Aruba to do or study art. I am happy that Phryme Magazine team approached me to do this interview; I can share my thoughts towards these things."





"Arubans need to accept and support each other."







Facebook: www.facebook.com/merseajewelry

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Denzel Brown Unsure where re

COVER FEATURE:

On Mother's Day 2018, the talented Denzel Browne, in a collaboration with Karixon, released a new track titled 'Oh mama,' dedicated to all mothers. In a post on his Facebook fan page, Denzel explains that it was something he always wanted to do for his mom. In this issue, the 21-year-old musician Denzel Browne shares with Phryme Magazine how his career as musician began and how it took off by sharing pieces of his past, present and future. However, his only priority right now is getting his bachelor's degree in applied psychology at HAN University of Applied Sciences in Nijmegen, the Netherlands.

his study is still





EARLY STAGES;

Raised in a strict, Methodist religious, and a good family, Denzel grew up surrounded by many artistic family members. As an active member of his church, he would often find himself singing. But, it wasn't until he joined the church's youth choir that he learned more about singing and how to read musical notes. His father, as one of his influencers, used to be part of the 'Melange choir,' a well-known choir on the island that is led by Maybelline Arends-Croes.

"I always went to see my father sing, it was very nice and interesting to me!"

One day, his friend invited him to a Catholic prayer group, "Youth's Heart 4 Jesus," "I loved the vibe... they had drums and piano, people were dancing. I never saw that before. I am the type of person who is always in for a good bacchanal!" he laughed. Becoming part of that group gave Denzel the opportunity to attend the Youth Explosion in Aruba and Curacao, where he realized how many other youngsters were involved in gospel music.

One day after church, Denzel went home with a beat he recorded with his phone during the church ceremony,

"I WAS SITTING AT HOME, LISTENING TO THE INSTRUMENTAL AND I GOT IN THE MOOD TO WRITE A SONG - OUT OF NOWHERE."

After spending 30 minutes writing that song, Denzel came up with one of his biggest hits in gospel music, 'Dios ta bon' (God is good in English) which was included on 'Youth's Heart 4 Jesus' album in 2013.

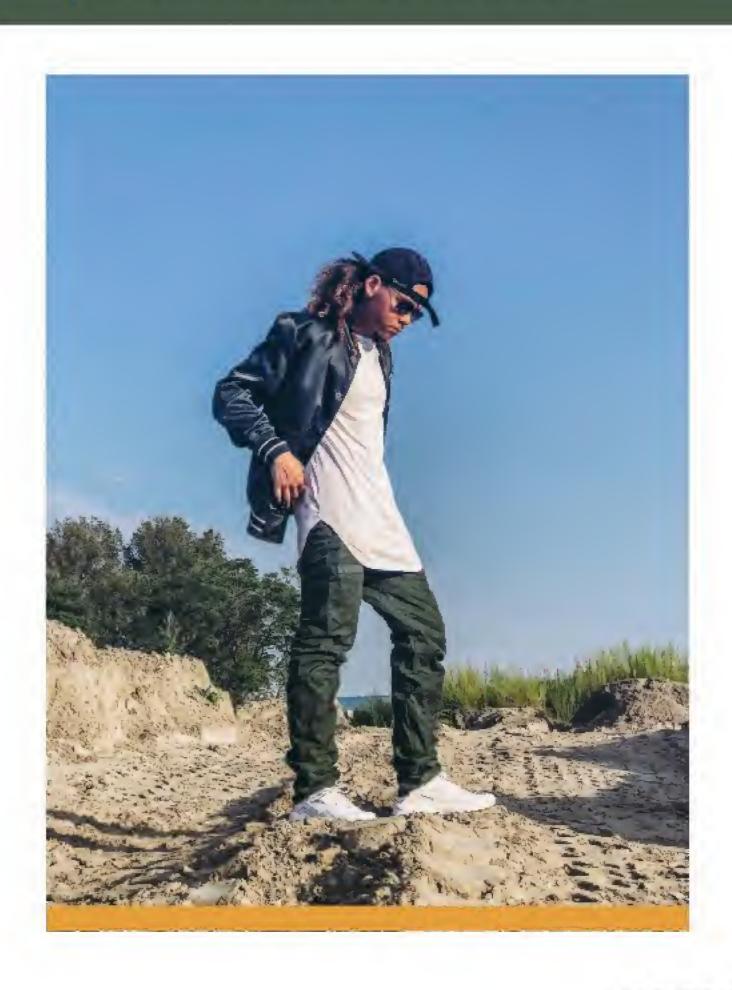
'Dios ta bon' was streaming on radios all over the island; people begun to recognize him and his song. This gave him the opportunity to sing with one of the biggest names in music in Curacao and Aruba – Brian Dekkers. Including, the opportunity to record 'Life is good' with another artist – Eltienne Yarzargaray.

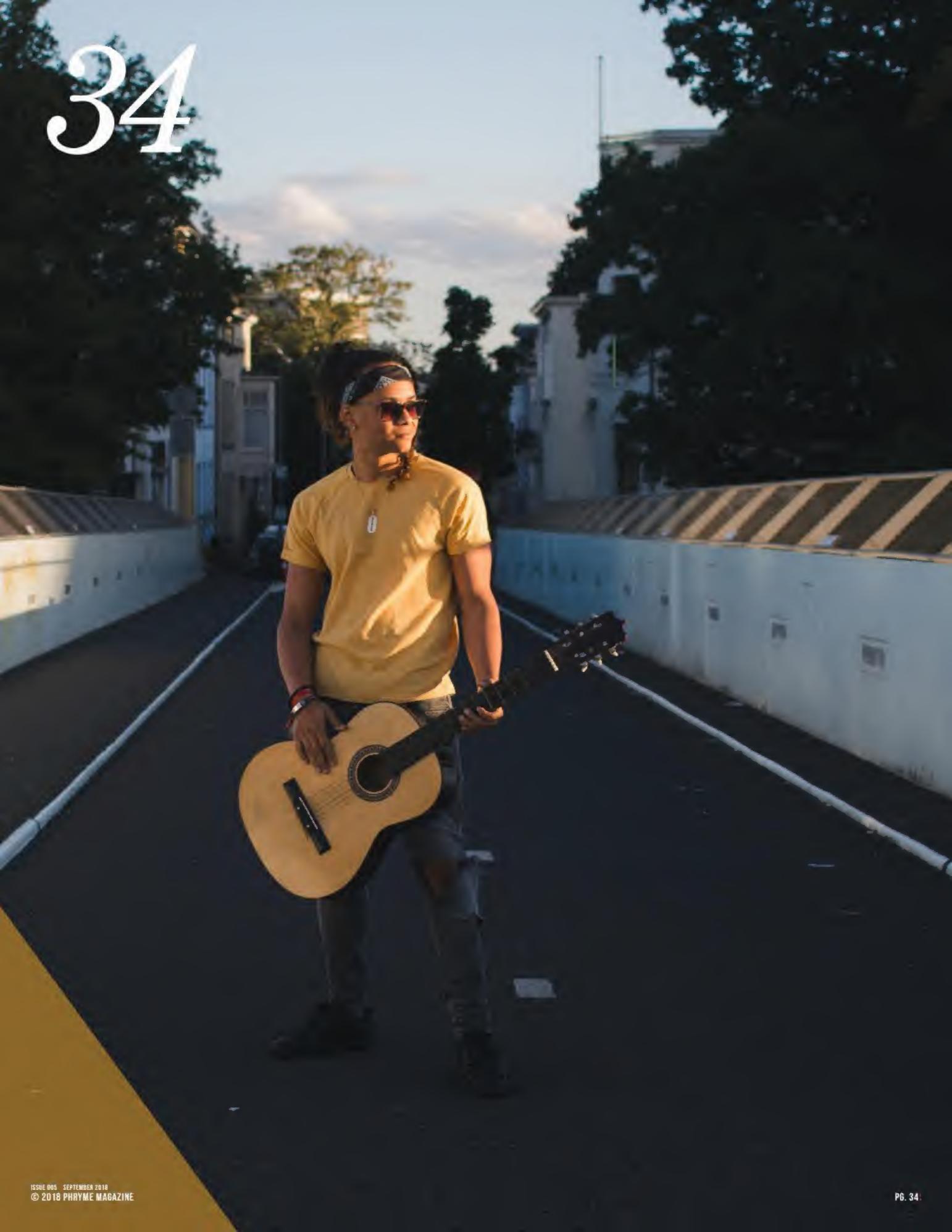
"I worked with many artist I looked up to -I'm very grateful for everything. Thanks to my gospel past, I became known as an [gospel] artist!"

FROM GOSPEL TO MAINSTREAM.

After accomplishing a name for himself in the gospel world and creating connections, Denzel jumped from Gospel to Carnival. It's no secret to anyone who knows him that he is one of the biggest fan of Aruba's carnival. His first performance into carnival music was with a well-known band from 1980's who was making a comeback, "It was the greatest feeling ever to sing with my uncle and S-united." In 1984, his uncle, known as Mighty Cliffy, won Aruba's Carnival Calypso and Roadmarch contest with "Road on Fire"; a song many people still enjoy during the carnival seasons and family parties.

"As a performer, I identify myself with my uncle. My father was always the good man who sings gospel music. But my uncle was the crazy one who would always take over a microphone and dance."





Influenced by the late Clifford and Nando Brown, Denzel start developing his own sound and style. Finally, in 2015, together with Tommy Lee, Denzel presented his first Soca 'Joining,' "It didn't blow up as I wanted, but It's still my first."

But what made him a known urban artist was his hit, 'Potlood' (pencil in English). In May 2017, after many push backs, Denzel released the official video-clip for 'Potlood'. As he describes on his YouTube channel,

"POTLOOD (PEN-CIL) WAS MADE AS A JOKE, AND PEO-PLE REALLY LIKED IT AND TOLD ME I SHOULD DO SOME-THING WITH IT."

In December of the same year, on a late snowy night, Denzel received a call from Karixon, who he previously collaborated with on Denzel's soca 'Bam Bam'. This time, Karixon reached out to Denzel with an idea for a new song, "We recorded the song in one day... It was December and we both were getting ready to go to Aruba for the holidays."

Fast forward to February 2018, "My official debut was at a popular Aruban event, 'Behind the Barricade' in the Netherlands. I already had my new soca 'Bam Bam' out." However, one of his biggest achievement till this day is singing on the stage of 'Soca vs. Dancehall: Jouve edition,' "It gave me the opportunity to sing to a totally different crowd but also to share stage with Niro." This was a dream come true! For him, being on that stage was very important; it was an event he always attended since he moved to the Netherlands in 2016.



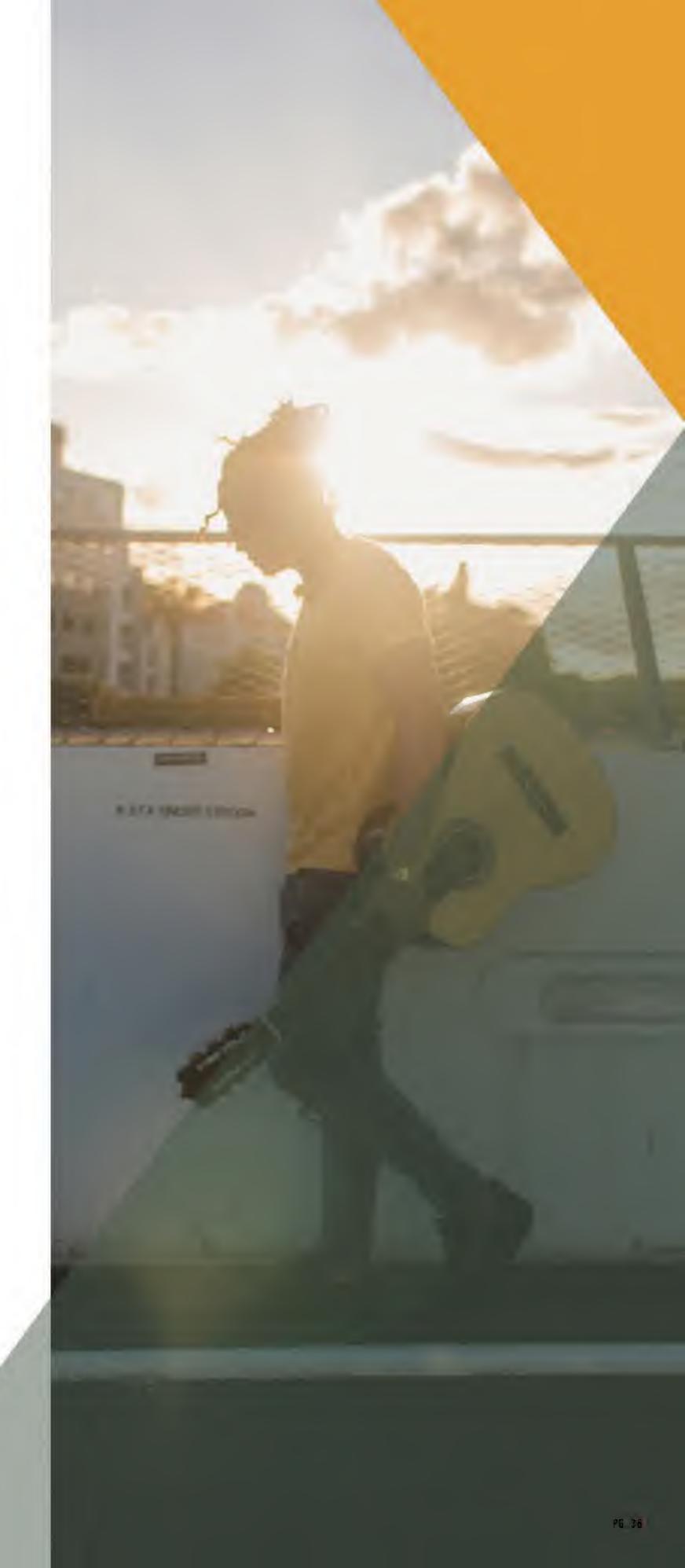
FUTURE HOLDS.

Unsure where music will lead him, Denzel's primary focus is to graduate. At this moment, Denzel is currently working to get his 'Propedeuse' in applied psychology. His plan is to get his 'P' this year, and apply for Psychology major at a University, "I'm not going to lie, I'm still trying to figure out how to balance my music career and school." Trying to figure the balance between school and music, Denzel is currently attending time management courses at school to help him figure out his day-a-day planning. "For me, school is still my first priority." His music career is not something he's worried about; it's his passion and he will always have music in his life. However, school is something as he expressed, "Something I really need to focus on."

"If music gets to the point that it demands all of my time and that I need to push to conquer, I will consider going with music. But, I'm not there yet [to make that decision]."

Denzel doesn't want to rush into anything, if he finds himself recording new music and performing – great, "But it's not that I'm going to stress myself that I need to release music every time. If I feel like releasing something, I will do it."

"IT WOULD BE NICE TO BECOME A KNOWN ARTIST, BUT I JUST ENJOY MAKING MU-SIC. IF IT'S MEANT TO BE, IT WILL BE."



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A SEMESTER IN THE CITY THAT NEVERS SLEEPS,

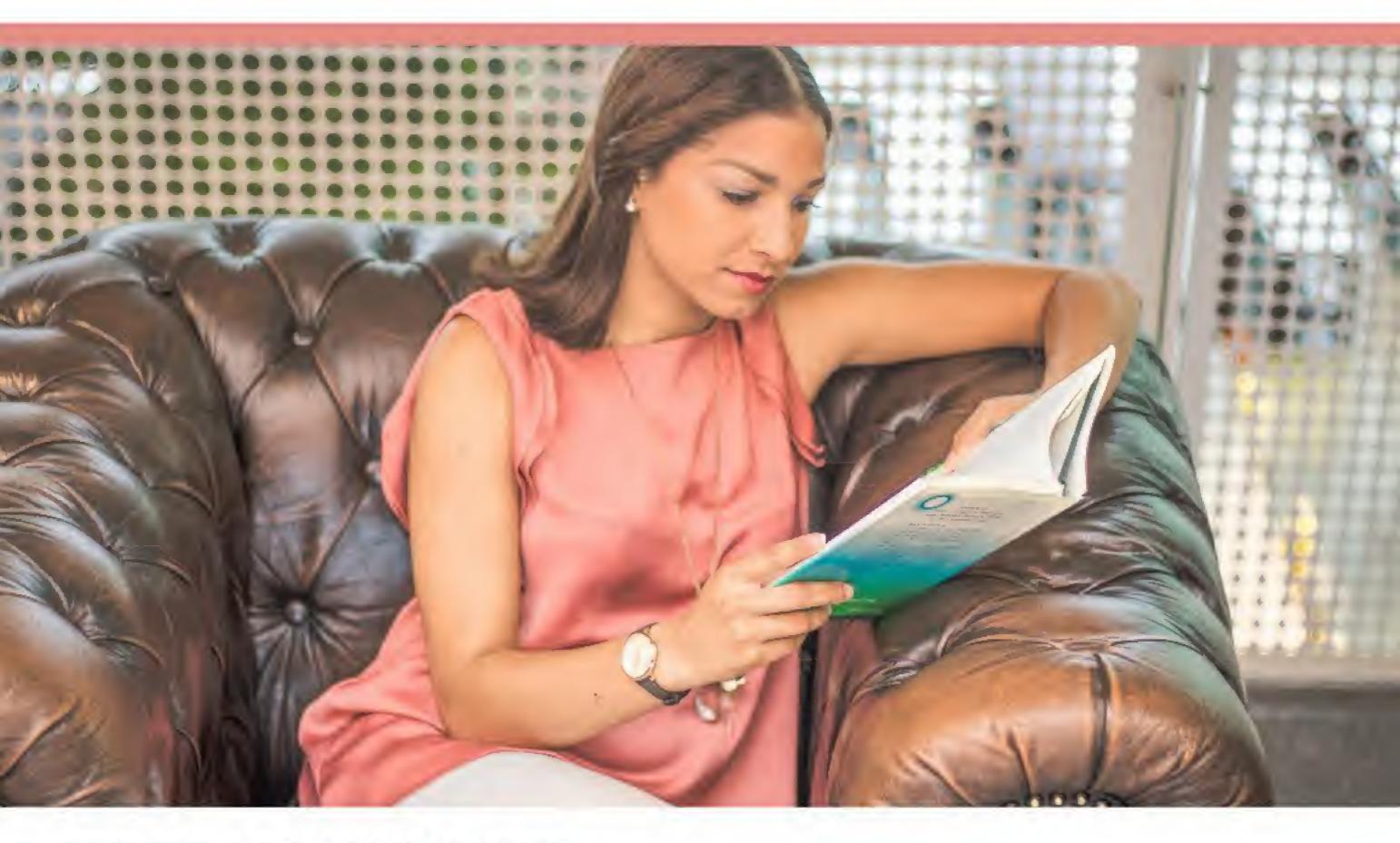
NEW YORK CITY!

or most students, the third year of their bachelor education is when they get the opportunity to do a minor. Some students take this as an opportunity to travel to any country, for free, to explore and experience how it's like to study and live in a different country for up to six months. Should finding a location to live discourage you? Will you be able to afford the costs? What financial grants can you apply for? Should you just do your minor in Aruba? These questions will be haunting you in the third year and, luckily, Danique Lande helps answering a few!

Danique Lande has been living in the Netherlands for four years and is studying 'Ecologische Pedagogie' in Nijmegen. Right now, her main focus is to obtain her bachelor's degree by working on her final assignment – her thesis. In this article, she opens up about her journey to completing her minor in New York.

STUDYING ABROAD IN NEW YORK CITY

Danique decided to spend a semester in the city that never sleeps - New York City! Danique explains that she is a very spontaneous person and that choosing New York was an easy decision for her since she's been there twice. However, this time around it was under different circumstances and her constant thoughts were, "This isn't Europe, I don't have any advantages here because American Schools aren't directly connected to European schools in regards to my studies." Not only that but The only thing is that the States is very expensive, "As a student, you don't have much income. If you study inside Europe territories, you can apply for an 'Erasmus Grant' - but since I decided to do an exchange semester in New York, I didn't have access to additional financial support." Danique continues to elaborate that it was a very tricky situation for her, because she had to pay a lot of money to study outside of Europe, and to follow courses that are not directly connected to her study program but, "Of course I didn't let that stop me."



FINDING A PLACE TO STAY IN NEW YORK

One of the struggles that almost stopped Danique from going to New York was finding an adequate place to live for the six months that she had to spent there, She says that in the Bronx she never felt safe late at night because there were a lot of gangsters looking for trouble. Other than that, she had no other complaints about the Bronx – she describes New York City as an amazing city with an awesome energy.

DO YOU RECOMMEND DOING A MINOR IN OTH-ER CONTINENTS?

"If you are a person that has traveled a lot to the United States, or other places, and that this is your first time in the Netherlands – check Europe first; there are many awesome countries in Europe. But, it all depends on what you are studying and what options are available to you. Remember, the United States has a whole different culture – if it is an International study, then, of course, it's worth a shot."

Danique includes that if you have the opportunity to study in a country outside of Europe, she would recommend exotic countries such as Thailand, Malaysia, Bali or Australia, which are places where you can have a beautiful experience. Most times, a minor abroad can be considered as a free opportunity to get out there and travel; it can help you grow and can be very important if it connects to your study program.

Furthermore, Danique advice students to not overthink about the costs involved – this is one of the main reasons people demotivate others and adds,

"Don't go to Aruba because Aruba is our home and, as precious as it is, Aruba will always be there and the same. Step out of your comfort zone and go for it; you will come back as a new person from that study abroad experience."

WHAT IS DANIQUE PASSIONATE ABOUT?

She is passionate about living. She wants to get more out of her short time here on earth and experience life and all that it has to offer, such as traveling, meeting new people and all the good and less good experiences that comes along. "I enjoy the little things – get out there and step out of your comfort zone".



OVERCOMING REJECTION & TRUSTING HIS INSTINCT...

Siegfried Hart WAS BORN TO PLAY DRUMS





iegfried Hart started playing drums at the age of fifteen at music school 'Fundacion desaroyo educativo comunitario' [FDEC] in Aruba, where music and rhythm were always part of his life. After attending FDEC, he went to a drum camp of Carlos Bislip, then started private drum lessons at 'Cas di Cultura', and has been to drum camps ever since. At the last three drums camp he attended before moving to the Netherlands, Siegfried gave drum lessons. Now, at the age of twenty-five, he has been playing drums for a total of ten years.

At the beginning of his musical career, his parents weren't that supportive. Just like most parents, they saw his passion for music more as a hobby. However, his mother started taking him seriously when she noticed that he started to become recognized for his talent and when he started playing drums at several events,

"It was my addiction, I was doing gigs, getting paid and it became part of my daily life."

Siegfried has been living in the Netherlands since 2016, but has only been studying music in a conservatory for one year,

"I chose Media & Management Entertainment because I had been rejected many times in conservatories. I auditioned about ten times; in The Hague, Tilburg, Amsterdam, Rotterdam and the United States,"

During that same moment, after all those rejections, his father was diagnosed with cancer and was given six months to live. Siegfried's life took another hit as he had problems with his girlfriend at the time and was experiencing many other personal obstacles that were slowly affecting his life, "I wanted to give up." He would often ask himself if music was really for him, but the words of his father laying on the hospital bed were, "In this life, you have to do what makes you happy." He says that, at that moment, something clicked and he decided to audition two more times in the United States but was, again, rejected. Luckily, his father is now a cancer survivor and when he feels like giving up, he tries one more time,

"Whenever I feel like giving up, something tells me that music is what I should be doing; this is my call – I remain positive."

Siegfried explains that, for him, the audience size doesn't matter – when he plays music for ten people it would always be on the same level of intensity as playing music for hundreds of people,

"When you are a musician, you are there to serve the listeners. If I go to a cafe, where there are only twenty people, I would still play with passion and give it all that I have."

After applying several times, he finally got accepted and is finally studying music in a conservatory in The Hague. Additionally, he has a new band, Quantum, focused in improvisational and instrumental jazz while also collaborating with different singers and playing various rhythms such as jazz, and soul. While Siegfried has been playing drums all around the world, for over ten years, it wasn't until 2017, specifically during the Caribbean Sea Jazz Festival, that Siegfried went on stage to perform for the first time under his own name. Today, he has played in Aruba, Curacao, Bonaire, the Netherlands, and Germany. Now, with his band, they would like to play in Europe's jazz festival.

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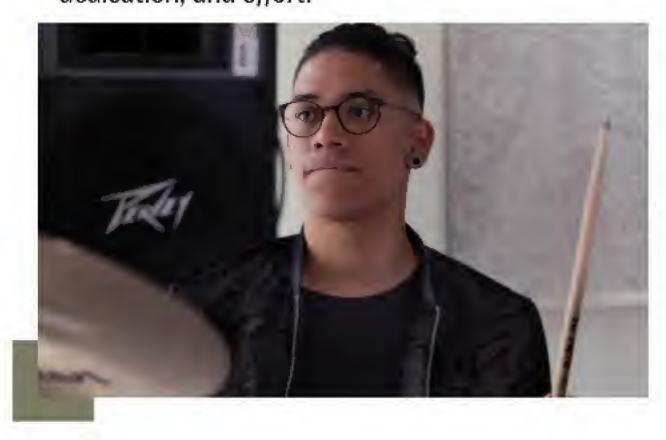
Siegfried Hart

THE BIGGEST MOMENT OF YOUR LIFE?

"People think it would be the time I've spent on stage during the Caribbean Sea Jazz Festival. But, for me, it would be the time when I was facing many personal obstacles, including my father's health. In times like these, I would often go to my room to compose music, record it, and post it on YouTube. After recording songs, I was approached by Ivan Quandus for a collaboration and to record a debut album 'Fuente' within one week. I contacted Susjaira Kerpens and Chris Kross and we immediately started working this album every day from 9 in the morning until 11 in the evening for one week; we were busy writing and composing music every day. One of the songs that we became known for was 'Aw'i coco' – this was certainly one of the biggest moments of my musical career."

IS STUDYING IN THE US BETTER?

"Not really, you can study music wherever you want. School doesn't make you a musician. Let me say this, once I went to a café to get inspired. I sat with my laptop and saw people around me. I sat there for three hours and nothing. I say this because it doesn't matter where you are, it starts with you. In my room where I spent more of the time concentrating on my music, I have my musical equipment and internet that makes everything easier. But, I say again, it starts with you, you have to have the initiative, dedication, and effort."





WHAT IS YOUR GOAL?

"My goal is very simple, in the class where we play piano, percussions or any other instruments, I tell my classmates this, 'I just want to play drums'. I want to work in music to sustain my life but, for me, I want to play drums. I like everything that has to do with music for example logistics to play in a concert, behind a production of music videos, audio recordings."

WHAT KIND OF MUSIC ARE YOU INTO?

"I'm into all kinds of music, salsa, hip hop, jazz, samba, rock, rap and even electronic music. Everything that I can vibe on – I dig it."

WHAT DO YOU DO IN YOUR FREE TIME?

"I don't have much free time. But, when I do, I listen to music for hours. When I'm traveling to school or anywhere, I listen to music. I also go to the gym or see documentaries and, most of the time, the documentaries are about music."

HOW WAS TAKING PART IN THE CARIBBEAN SEA JAZZ FESTIVAL AS A MUSICIAN?

"I've played on every single stage, from the smallest to the biggest. I started playing with a band in an art gallery without a speaker or any equipment. In fact, I've played with just an amplifier to the big opening of Oscar de Leon."





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HIS INNOVATIVE IDEAS FOR Mechanics

n this article, Phryme Magazine interviewed a twenty-year-old Aruban born student named Franklin Seute. This is his story about his journey in the world of engineering. From where it began up to where he is now; a third-year student of Mechatronics at Avans University of Applied Sciences in Tilburg, the Netherlands.



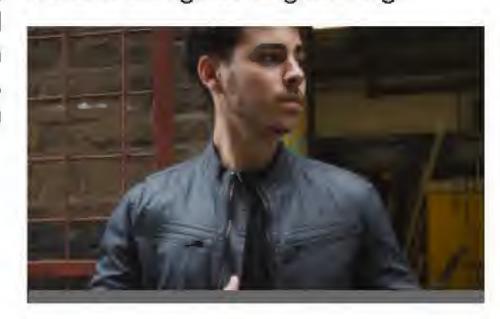
HOW IT ALL STARTED

Franklin's passion through the world of engineering started with his family members; his grandfather, who is an engineer and had his own engineering business, his father, who worked in the technical atmosphere where he installed car alarms and his uncle, who studies mechanical engineering and has helped Franklin tremendously. This inspired him from a young age to follow a career with something technical. Around the age of twelve, Franklin learned how to weld and, from there on, Franklin went on to make a small wind turbine with its own dynamo/ battery while at it. All of these factors within his family and surroundings lead Franklin more in the direction that he is in today.

IT HASN'T BEEN EASY

Besides loving Mechatronics from early on, it has been very difficult to find his path within the industry and his study. This was because he had previously finished HAVO, just before moving to the Netherlands. Thus, he didn't have a technical experience or professional background. In contrast, his peers who finished MBO 4 beforehand, obtained more experience for said study. But, later on, Franklin realized that the level of mathematics and algebra he was receiving at school was to be compared with what he had previously finished his high school with. To make up for the gap, Franklin immersed himself with reading books, to find more information and learn more about his program.

Franklin continued to disclose to us that his fellow classmates immediately assumed that, due to the level of Dutch he spoke in comparison to his Dutch classmates and because of where he came from, he would not be smart. Despite this, Franklin managed to break that prejudice that everyone had of him and approached all his peers and started proving them wrong. On one instance, in a welding class, Franklin, with little to no experience, welded something neater than his classmate who already had a diploma in welding and engineering.



SOMETHING NEW

Regardless of past struggles, Franklin has recently developed and created something new, after realizing that the primary issue with electric vehicles is that they are unable to to give enough power. Now that Franklin is in the third year of his study, he has to do an internship with a company linked to his school. With this internship comes innovation, which Franklin and a group of classmates have been working on since last November of 2017. This project entails the design and creation of a Hybrid battery for electric vehicles, which will consist out of multiple sources that will power the electric vehicles. Franklin and his team decided to execute their research and manufacturing of the idea at school because the school actually found the project a wonderful invention.

THE INSPIRATION AND IDEA

The idea to make a Hybrid battery resulted due to many discoveries. First, he realized that the primary issue with e-bikes and the electric vehicles is that they are unable to give enough power instantly, this is the result of the lithium-ion battery that these vectors have. Additionally, the essential part that makes an electric car expensive is the battery. Franklin's innovation will include another power source element that will give power to the motor. This idea seems to have many props, by creating this new type of Hybrid battery, the manufacturing costs would be lower, the battery would be significantly lighter, give more power and would be cost-effective to ultimately reduce car prices. If everything goes according to plan, Franklin hopes to revolutionize the electric car industry.

HIS FUTURE WITH ENGINEERING

When Franklin finishes his bachelor's degree in Mechatronics, he desires to continue studying for a master's degree in electrical engineering. In the future, after obtaining his degrees, Franklin hopes to be the owner of his own electric vehicle business company. During his career so far, Franklin has met a lot of people in the industry who are willing to help him in developing further with his career.

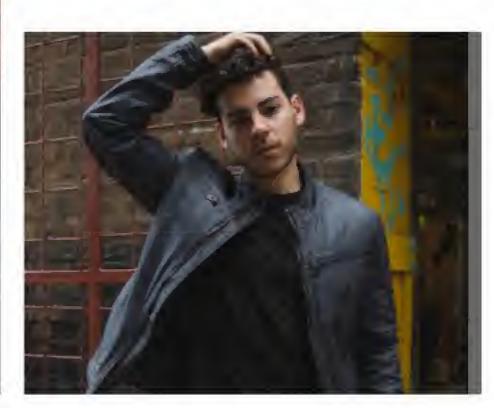


Franklin's advice for Aruban youngsters deciding to move abroad Franklin's advice for students is for them to invest in themselves and really think deeply before they move to the Netherlands and leave everything behind,

"Think about what you want later in life."

He admits that he knows that this is something grand to think about. But, he adds that it is better to do so from early on than to have your time wasted by not knowing what you want in life. Franklin concludes his message by saying that it is also okay to fail because he did so multiple times. However, from failing, Franklin has learned and achieved so much more,

I "Don't give up if you fail, just go on."





FEELING DISCOURAGED AND JUDGED BY THE DUTCH COMMUNITY.



The dramatic experience of an Aruban student.

eaving your little island to move to a country like the Netherlands is already very intimidating. The young student from Aruba, Francine Morales, moved last year to the city of Leeuwarden for what she thought would be a good career move – to become a Dutch teacher. After all, the island of Aruba needs teachers who can give Dutch classes. However, during her first school year, her experience became a nightmare – almost to the point of depression; she decided for her mental health to stop her study. Not because she was not doing great at school, but because her experience with her fellow Dutch classmates wasn't a pleasant one.

Something many of our Aruban student can relate to is being discriminated for being from Aruba, because of our own lack of fluent Dutch. The reality is that the Dutch level that students receive on the island is way below standards and it's something that teachers sometimes do not put enough pressure on. It's alarming to hear the government of Aruba is considering making 'Papiamento,' the native language of the island, the instruction-language at school, without taking in consideration how many student plan to move to the Netherlands to continue their studies.

"I chose to move to Leeuwarden because I was seeking a more relaxed environment. I'm not really about the big city life. In addition, I have my sister who lives close by. So, it was perfect."

Francine elaborates more about why she chose to study Dutch in the first place, "It was a school subject that I always liked, and, to be honest, I was good at it. In Aruba, we currently have a shortage of teacher who can give Dutch classes. My 'Colegio Arubano' teacher, always inspired me to pursue this study. I have to add, it's a really hard study, but I liked it."

"I knew from the start that by choosing Dutch, I was going to have to prove myself."

From day one, they asked Francine why would she choose to study Dutch. "You are from Aruba, with that accent nobody it's going to take you seriously – If I was you, I would change studies right now." they told her. However, Francine choose not to let their negative comments get in the way of her ambition, "I know what I came to do, I had my goal," she added, keeping her focus straight,

"I was doing good, but I felt really discriminated by fellow students. I didn't expect the discrimination to be so hard."

Unfortunately, the negative comments towards began to escalate, receiving questions like, "How long did you have to walk to get clean water to drink?" or "Why do you have nice clothes every day, if you come from a poor island?" and, the worst being, "In Aruba you live in a wood-hut, right?" referring to Aruba as an underdeveloped country, "It made me feel sad, which made me not want to leave my bed for school, or anything." She couldn't imagine that that's how close-minded her classmates can be.

"I really didn't understand why or from where these comments came from. Like, do they even know their own history? They probably don't even know that Aruba is part of the Dutch-kingdom."

At one point, her classmates did not want to work with her in group-assignments, because they thought she could not do the work. She would get ignored when she had questions or remarks, "It was heavy, it might not have the same effect on everyone but, for me, it made me feel very depressed – I couldn't bear it anymore."



DID THE COLLEGE HANDLE IT RIGHT?

Taking the right steps to stand against the discrimination, Francine contacted first her mentor to explain her current situation with her classmates. Unfortunately, her mentor explained to her that some Dutch people are like that, even more in the north part of the Netherlands such as in Leeuwarden, "She told me she can talk with the group, but can't promise that would change much. She found it very unfortunate that it did go to the point that I'm quitting because of it." Francine's mentor spoke to her multiple times, trying to help and to follow up but there was no other option; changing classes was not an option, because the study program only had one class.

SWITCHING IT UP

After thoughtful consideration, Francine has decided to switch her study to International business and languages at NHL Stenden, "It's the same school but with more international students." She is sure that she made the right decision, "I feel more at peace, If I would have stayed with it I would have gotten very frustrated." Her biggest fear was to feel like she wasted a year from school, she didn't want to feel like a failure. However, looking back at the past year, she's more than happy for the life lessons she learned from this experience, "I am more aware of things that I wasn't before."

"I AM SATISFIED WITH THE WAY MY MENTOR HANDLED THINGS – SHE TRIED HER BEST. SHE DID THE MOST SHE COULD HAVE DONE FOR ME. I THINK SHE'S A VERY GOOD TEACHER AND I TOLD HER THAT AS WELL."

Addition Gron Rojas



Birthdate: 6 July, 1996 | Height: 1.84 m

Education: Leisure and Events Management

University: NHL Stenden | City: Leeuwarden, Netherlands

- His favorite band is Coldplay;
- He considers himself to be a dog person;
- His favorite movie is The Lord of the Rings trilogy;
- His most, and least, favorite holiday is Christmas;
- A food he can't live without is Ribs;
- His favorite ice cream is Cookies and Cream;
- He believes there's no right age to get married;
- If he were invisible for a day, he would, "Make everyone paranoid by knocking things down and making noises to make them think it's a ghost; I'm an evil spirit";
- He would've loved to walk in Don Rickles' shoes for one day, "He was the most quick-witted, funniest, dark-humored comedian of all time";
- If he could teleport, he would go to London in 1938, "To witness the intensity and courage of the people who held Europe single-handedly while the rest of the world watched";
- The best phase of his life is when he started to socialize, and gained the confidence to have fun;
- The worst phase of his life is when he was constantly bullied from primary to high school, "Even though





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those were the worst years of my life, it made me the person I am today – you reap what you sow";

- One of his most fun experience was his 5-month internship at Marriott, in the Events department.
- What makes him feel most accomplished is, "To be liked or loved by everyone who knows me";
- One of his biggest fear is people saying he is a bad person, "I always try my best to be on a friendly level with everyone I know."

"I NEVER HAD MANY FRIENDS WHILE GROWING UP, SO I LEARNED TO CHERISH THE FEW I DID HAVE. BUT, NOW THAT I DO HAVE A LOT OF FRIENDS I STILL END UP GIVING THEM THE SAME AMOUNT OF LOVE AND ATTENTION THAT THEY DESERVE."



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